

Lewis and Clark County Mental Health Local Advisory Council

Workgroup 1

Public Health Conference Room

Tuesday, November 27, 2018, 2:00 pm

1. Call to Order

In Attendance: Isaac Coy, Brandy Vail, Drenda Niemann, John Wilkinson, and Kellie McBride.

2. Accessibility of Services

a. Substance Abuse Resources

Workgroup One brainstormed various resources available to those living in Lewis and Clark County seeking assistance with substance abuse. Those resources include:

- For those in crisis – Emergency Room at St. Peter’s Hospital, Law Enforcement, and Crisis Response Team (limited access)
- Boyd Andrew’s Transitional Living Home for men- 24 hour supported living environment – 7 Beds
- Outpatient and Intensive Outpatient
- Women and children’s home - Florence Crittenton has four beds and is a licensed facility.
- YWCA Helena – non-licensed facility serves women, 12 rooms, Has an LAC on staff
- Jean Francis Home - sober living on Rodney Street, not licensed
- In-patient Treatment – Montana Chemical Dependency Center (MCDC) for high intensity and detox
- Treatment Court
- Pretrial Services- assessment

b. Mental Health Resources

Workgroup One brainstormed publicly provided/funded mental health services available to those living in Lewis and Clark County.

- For those in crisis – Crisis Response Team (CRT), Law Enforcement, and Emergency Room at St. Peter’s Hospital
- In-patient Assistance – St. Peter’s Hospital, Warm Springs State Psychiatric Hospital; Behavioral Health Unit (short term stay)
- Out-patient and Intensive Outpatient
- Residential – long-term stay
- Detention Center – one therapist and one case manager

3. Negative Trends

Overall, workgroup one noted that a majority of individuals in Lewis and Clark County repeat the cycle, starting with crisis, and utilizing the same resources each time. There are concerns whether individuals are receiving the necessary services. It was also noted that many available resources have a waitlist that prevent individuals from seeking out immediate assistance.